

Sample Daily Schedule for Farm Camp at The Market Garden School

9:00: **Arrival/Morning Meeting**

9:30: **Farm-Based Lesson:** Introduction and Inquiry
Possible lessons include:

- Pollinators
- Plant families
- Decomposers
- Pests & Plant disease
- Sustainability and local food systems
- Food justice
- Environmental challenges

10:30: **Harvest and Field Work**
Possible activities include:

- Harvesting crops from the garden
- Washing and storing harvested crops
- Weeding, maintaining, and preparing beds
- Planting/transplanting
- Seeding in the greenhouse
- Maintaining and spreading compost
- Solar panel reading
- Mushroom farming
- Building and construction projects

11:45: **Lunch and Morning Debrief**
Taste Test
Farm Snack
Farm Games

12:30 **Read Aloud: Farm and Food Stories**
Art on the farm

1:00 **Cooking Lesson**

- Understanding the origins and history of different ingredients/dishes
- Cooking tools and techniques
- Selecting ingredients from our harvest

1:30 **Collaborative Cooking**

Potential Dishes Include: salsa and homemade corn tortillas, kale chips, pizza, pesto, ice cream, cheese, yogurt, bread, popcorn and homemade butter, zucchini bread, veggie dips, smoothies, etc.

Additional activities:

- Measuring and estimating ingredients for tomorrow's cook
- Documenting the cooking process through photography, writing, drawing
- Working the pizza oven
- Preparing for camper-run family pizza party on Friday

2:30 **Daily Feast & Clean-up**

3:00 **End of Day**